

Newsletter



Jan / Feb 2010

Bambino's Harrington Park

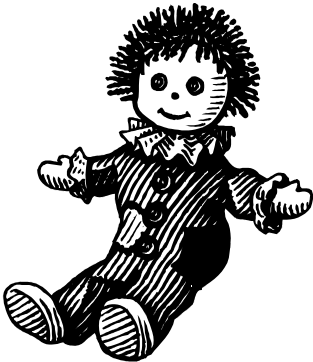
BAMBINO'S
KINDERGARTEN

Harrington Park
Centre 2

37 Fairwater Drive
Harrington Park
2567

PHONE:
1300 110 038
(02) 4648 1944

EMAIL:
adminhp2@bambinoskindergarten.com.au



Welcome to 2010

We would like to welcome all our families into 2010 and hope you had a safe and happy festive season.

The new year brings a calendar filled with special events and learning opportunities for your child to become involved in.

We have many goals for the centres and the children and families attending.

These include our school readiness programs, Vacation care facilities, Before and after school care, along with individualised programs to see the development of our youngest babies and toddlers.

You may have noticed a lot of primary school children at the centre. Before and after school care is now facilitated at one service, rather than spread across 4 centres. This enables us to provide a program that accommodates the needs and development of the school age children and they are able mix with friends from school and those they live near that attend different schools.

We currently have a couple of vacancies during the week for OOSH, and pick up from most schools in Camden LGA.

Enrolment reminders and requirements

Maintaining correct contact details is vital in the care of your child. We would like to remind all parents that Bambino's Enrolment forms are now overdue. If you are still completing these, please return them as a matter of urgency to the centre so we can enter your details.

CHILD CARE BENEFIT: reference numbers need to be recorded also. If you do not have yours and your children's CRN, please contact FAO to obtain these numbers and advise your centre director. If we do not have your CRN the government will not pay you your CCB or quarterly 50% out of pocket reimbursements.

ELIGIBLE HOURS: Each family that claims CCB receives a letter of notification of eligible hours they can claim. Please bring a copy of this letter to the centre so we can retain a photocopy to indicate the maximum hours FAO has allocated to you.

FEES: All fees need to be paid 1 week in advance. Please ensure you use the DEFT payment system to pay your fees on time. Please chat to your centre director if you have any concerns regarding your fee payments.

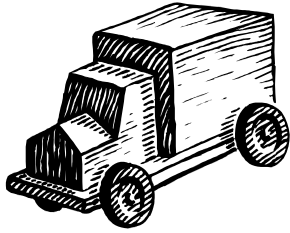
Please see attached for a copy of an explanation of your statements.

Statements are billed on a monthly cycle. This amount is not all due at once, fees just need to be 1 week in advance.

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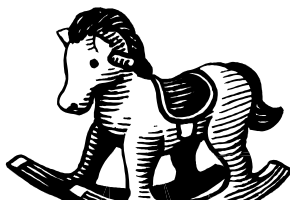


"Parent Information Night"

Bambino's Kindergarten
Fairwater Drive
Harrington Park

Tuesday March 9th
6.15pm

Fantastic Developmental
opportunities for your child.



Centre contact details

Free call: 1300 110 038

Harrington Park 1
35 Fairwater Drive, Harrington Park. Ph:46480924 F:4648 0925
adminhp1@bambinoskindergarten.com.au

Harrington Park 2
37 Fairwater Drive, Harrington Park. Ph:46481944 F:4648 1988
adminhp2@bambinoskindergarten.com.au

Harrington Park North
53 Glenrowan Drive, Harrington Park. Ph:46478932 F:46470936
adminhpnbambinoskindergarten.com.au

Harrington Park 4
2 Clontarf Ave, Harrington Park. Ph:46472255 F:46473155
adminhp4bambinoskindergarten.com.au

What to bring to kindy

It is essential we assist each child to grow and develop as individuals, encouraging self help and independence. Therefore, providing the correct items in your child's school bag encourages them to be responsible and boosts their self esteem.

Please give your child 2 minutes of your time to pack their bag together and talk about what is going in and why.

Each child needs the basics in their bag, and this provides the opportunity for one on one time when you sit together to check they have everything to make their busy day at kindy a happy one.

A HAT - For keeping the sun off your face and prevent you from getting burnt. Don't forget to put your sun cream on as well.

A CHANGE OF CLOTHES - For when you have lots of fun doing activities and playing with your friends. Even if you have a little accident, that's ok, because we can always wash your clothes.

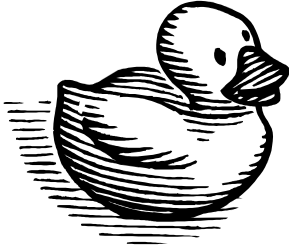
A DRINK BOTTLE - This is so you can have a drink of water whenever you are thirsty. It is important to drink lots of water during the day because this keeps our bodies healthy.

A SHEET FOR REST TIME - This is an area that also develops independence and self help and is a great chat session for children to help each other and work co operatively as a team to put sheets on their beds.

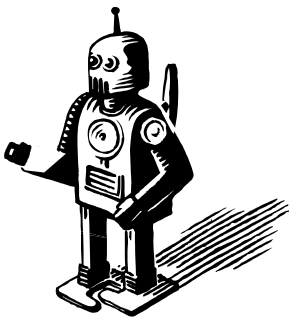
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"Remember, healthy habits result in healthy teeth"



Caring for your child's teeth

Disclaimer: This fact sheet is for education purposes only. Please consult with your doctor or other health professional to make sure this information is right for your child.

The main cause of tooth decay is an acid attack on the surfaces of the teeth. This acid is produced by bacteria which cling to the surface of the teeth in a film called dental plaque. Sweet, sticky, sugary foods encourage the plaque to make acid which causes tooth decay and bleeding gums.

Children need to learn how to clean their teeth. Start off by giving your baby a small toothbrush as a toy - bath time is a good time. Start to clean your baby's teeth as soon as they appear. Use a small, soft toothbrush and water. When the child is older, introduce small amounts of junior fluoride toothpaste onto the brush. Just put a small wipe of toothpaste on the brush. It is best that your child cleans their teeth the last thing before bed.

It is hard for children under ten to clean their teeth properly. You will need to help at least once a day. If the bacteria have been on the teeth for a long time, the gums may bleed when brushed. This gingivitis tells you that the gums are unhealthy. To get them healthy again the gums need to be cleaned more often, even if they bleed when brushed.

Take your child to the dentist regularly, starting from about one year of age. Going to the dentist is safe and saves money in the long run.

Here are some tips to prevent decay and sore gums for children:

- Avoid putting infants and young children down with a bottle. Always ensure feeding has ceased before your child goes to sleep to avoid early infant tooth decay.
- Drink fluoridated tap water every day. If you are not sure if your local water is fluoridated, check with your local council.
- Avoid eating sugary sticky foods, especially between meals.
- Avoid sweet drinks and juices, especially between meals.
- Give your child foods that make them chew.
- Brush twice a day - after breakfast and before bed (use a small toothbrush and a small amount of fluoridated, junior toothpaste).
- If there's no brush, rinse with water.
- Use dental floss daily from about 3-4 years of age.
- Visit your dentist regularly.
- Please do not put honey on dummies to get children to sleep.

Source> Childrens Hospital Westmead, Parent Fact Sheet.